





American Heart Association American Stroke Association CERTIFICATION

Meets standards for Comprehensive Stroke Center

ASURNOR & CAREGNER ENPERIENCE

### **RETREAT & REFRESH STROKE CAMP**



#### A camping experience for stroke survivors and their caregivers



### THE STORY BEHIND STROKE CAMP

- Started by John and Marylee Nunley three years after he had a stroke
- Article Stroke Connection Magazine in 2005
- Lack of things to do for those who were survivors of stroke
- 2007: Larry Schaer, now Associate Director posed the idea to take the camp to the people and non-profit status was created
- Display seen at ISC in 2013
- Approval from Overlook Medical Center Neuroscience Directors
- Stroke Camp planning begins 2013
- 2014: 19 survivors and caregivers and 14 volunteers











# I HAVE SOMEONE THAT I CAN RELATE TO

 "This is the first place that I have come where I see so many people like me, and I am not ashamed that I had a stroke......"





#### NJ.COM BEST PHOTOS OF THE WEEK 2014



# YOU MEAN I CAN BE FREE THIS WEEKEND .....

- "But I always fix his dinner, I am not sure he is going to let you....."
  - "You heard Angela, I am off for the weekend....."







Overlook Medical Center ATLANTIC HEALTH SYSTEM
2015:37 SURVIVORS / Caregivers & 18 volunteers

### WEEKEND AGENDA

- Drum circle
- Survivor and caregiver break out sessions
- Pampering sessions
- Craft sessions
- Educational session
- Celebration of USA
- Worship service



#### INTERNATIONAL THEME: CELEBRATING USA AS THE MELTING POT





### SURVIVOR BREAKOUT SESSION



#### READY SET PAMPER..... NOT HUGGIES



#### **ARTS AND CRAFTS**







### **IS THERE A STROKE DOCTOR IN THE HOUSE?**



### **MY WIFE HAS HAD NINE STROKES**

 "For years I have been waiting to have a Stroke Camp in my area, and now I finally have somewhere for my wife to come...."









### **VOLUNTEERS ANYONE?**





### **MORE THAN JUST A PROVIDER**



### **IT TAKES A VILLAGE**

• "I am not sure I like how I feel about all this....."



#### A STROKE CAMP NEAR YOU!

